

## T Level Foundation Year in Health and Social Care

Location	Altrincham Campus
Course Type	College 16-18
Department	Health & Social Care
Start Date	Tuesday 1st September 2026
Course Code	AFP-HS2T-1100

### Course Overview

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The level 2 foundation pathway in Health offers an exciting and challenging progression pathway onto Health T levels and Level 3 qualifications where you will spend four days a week in college and one day a week on a work placement.

This qualification provides an insight into the health and social care sector and couples academic learning with practical application to prepare you for progression into your chosen career pathway.

### Course Requirements

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4 GCSEs at grade 3 or above (including English and/or maths).

### What You Will Learn

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The T-level Foundation Year aims to give students a broad introduction to the Healthcare and Healthcare Science industries and relevant technical knowledge and practical skills required to be successful. The course provides a high quality route to T-levels, for students who may benefit from additional study time and preparation before progressing on to a Level 3 T-level.

Alongside the technical qualification students will continue with English, math, Science and digital skills to enhance industry required skills.

### Assessment

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You will be assessed through a variety of assignments, exams and a placement-based project

# Progression

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Progression opportunities could include:

Health & Social Care - Technical Extended Diploma - Level 3  
T Level

## Career Options

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On completion of your T-level, the career opportunities are wide-ranging and diverse. You could access further training/Higher Education to work towards a career as a:

Nurse  
Physiotherapist  
Dietitian  
Speech and Language Therapist  
Diagnostic Radiographer  
Midwife  
Healthcare Science Assistant  
Laboratory Assistant  
Radiography Assistant  
Physical Sciences and Biomedical Engineer  
Life Sciences  
Physiological Sciences  
Operating Department Practitioner  
Podiatrist

You could also apply for any of the following positions (depending on occupational specialism and interest):

Health Care Assistant  
Mental Health Support Worker  
School Nursing Team Assistant  
Community Health and Well-being Worker  
Learning Disability Support Worker  
Psychology Support Worker  
Physiotherapy Assistant  
Occupational Therapy Assistant  
Ambulance Support Worker  
Operating Department Assistant

## Mandatory Units

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Units for this course include:

Modules

Human Growth

Equality and Diversity

Safeguarding

Science concepts

## Contact Details

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For further information please contact T: 0161 886 7070 or E: [info@trafford.ac.uk](mailto:info@trafford.ac.uk)

## Disclaimer

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Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.