



Level 1 Introductory Certificate in Sport

Location	Cheadle College
Course Type	College 16-18
Department	Sport
Start Date	Tuesday 1st September 2026
Course Code	CFP-SP1C-1100

Course Overview

The Pearson BTEC Level 1 Introductory Certificate in Sport is designed around practical skills and tasks that place an emphasis on you demonstrating what you can do rather than what you know in theory. The qualification will give you the opportunity to acquire and develop generic, transferable and sport-specific skills in order to complete tasks and demonstrate a level of achievement that enables you to progress to further learning in a range of subjects.

Course Requirements

4 Grade 2 GCSE's and above including English and Maths.

PE/ Sports Studies - Desirable.

What You Will Learn

Skills you will develop will include: communication, working with others, problem solving, managing information, self-management and development.

The BTEC Introductory Certificate in Sport will demand a lot of practical work from you. You will complete a range of sports-based units, be organised, take assessments that will demonstrate your skills and keep a portfolio of your assignments. You can feel proud in achieving a BTEC because, whatever your plans, success in this course will help you progress to the next stage of your learning.

Assessment

Students on the course will be given opportunities to:

- carry out practical tasks in a sports setting
- present information that they have gathered
- keep working logbooks, records and reflective journals
- practise English and mathematical skills
- take part in oral or written presentations
- take part in role play, interviews and other activities.

Progression

Successful completion of the course will enable you to go on to study on the Level2 Diploma in Sport (Sport, Exercise and Fitness), Level 2 Preparation for Public Services and other Level 2 provision within the college, full time GCSE resit programme (students require Grade 3 GCSE English and maths for this pathway).

Career Options

Teacher

Coach

Personal Trainer

Sports Psychologist

Sports Development Officer

Sports Therapist

Sports Scientist

Sports Business Management

Sports Leisure Management

Sports Analysis

Mandatory Units

Being Organised

Developing a Personal Progression Plan

3 optional units will be chosen from:

How Exercise Affects the Body

Training for Fitness

Playing Sport

Coaching Skills in Sport

Assisting in a Sports Activity

Contributing to Running a Sports Event

Getting People Active

Keeping Active and Healthy

Contact Details

For further information please contact T: 0161 886 7070 or E: info@trafford.ac.uk

Disclaimer

Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.