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MARPLE SIXTH FORM COLLEGE

Level 3 Extended Diploma in Health and Social Care

Location	Marple College
Course Type	College 16-18
Department	Health & Social Care
Start Date	Tuesday 1st September 2026
Course Code	MFP-HS3E-1100

Course Overview

The Level 3 Extended Diploma in Health and Social Care is your launchpad into a rewarding, people-focused career.

Designed for enthusiastic individuals who want to make a real difference, this course offers an exciting and inspiring journey into the world of health, care, and community support.You will explore how the sector works, build essential practical skills, and gain a clear understanding of the many meaningful career paths available-from nursing and midwifery to social work, mental health support, and more. Whether you are aiming for higher education or stepping straight into employment, this diploma equips you with the confidence, knowledge, and hands-on experience to thrive in a fast-growing, impactful profession.

Course Requirements

4 GCSE'S grade 4 or above including English and Maths

What You Will Learn

Throughout this course, you will explore how to promote equality, diversity and rights while understanding human growth, development and the factors that shape people's lives. You will learn how to safeguard vulnerable individuals, communicate effectively, and maintain high standards of infection prevention and control. By examining both psychological and sociological perspectives, you will deepen your understanding of human behaviour and social influences on health. You will also develop confidence working in real health and social care environments, strengthening your reflective practice, research skills and ability to empower others. Alongside building your knowledge of anatomy and physiology, you will enhance your personal and professional development-preparing you for a compassionate, skilled and impactful career in the sector.

Assessment

Exams
Unit summative assessments
Controlled synoptic assessments

Progression

Progression onto HE, gaining valuable UCAS points
Employment into the following roles following HE study:
Life Sciences, Physiological sciences, Clinical sciences, Cardiac sciences

Career Options

This qualification opens the door to a wide range of meaningful health and social care careers. You could progress into roles such as care worker, personal assistant, community outreach or support worker, or activities coordinator. It also provides a strong foundation for further study, including degrees in social care, health care, nursing, social work, or counselling-helping you shape a rewarding future supporting individuals and communities.

Mandatory Units

Equality, diversity and rights in health and social care
Human growth and development
Safeguarding in health and social care
Communication in health and social care
Infection prevention and control in health and social care
Psychological perspectives in health and social care
Sociological perspectives in health and social care
Working in health and social care
Reflective practice
Empowerment in health and social care
Protection of children, young people and adults in health and social care
Anatomy and physiology for health and social care
Research skills for health and social care
Personal and professional development

Contact Details

For further information please contact T: 0161 886 7070 or E: info@trafford.ac.uk

Disclaimer

Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.