

General Enquiries

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Level 1 Diploma in Hair and Beauty Skills

Location	Stockport College
Course Type	College 16-18
Department	Beauty Therapies
Start Date	Tuesday 1st September 2026
Course Code	SFP-BY1D-1100

Course Overview

Take the first step towards your dream career in hairdressing and beauty therapy. Our Level 1 Diploma in Hair and Beauty Skills is your gateway to a vibrant career in this thriving industry!

If you are keen to learn the basics of hair and beauty, then our course will give you the confidence to develop a range of skills that will help you with your career aims. The course includes techniques and knowledge, which will prepare learners to progress to the next level of the sector they choose to move on too.

Course Requirements

4 GCSE at grade 2 and above including English and maths
Students must have a desire to work in the Beauty Industry

What You Will Learn

This Hair and Beauty qualification serves as an introduction to a diverse set of practical skills encompassing various aspects of the hair and beauty industries. Through this program, individuals will not only acquire technical proficiencies but also cultivate their personal and social skills.

Each unit within this qualification is specifically designed to equip learners with the necessary foundation for advancing to higher levels of study within the hair and beauty sector.

If you possess minimal or no prior qualifications yet aspire to pursue a career in the hair and beauty field, this course presents an ideal opportunity to begin your journey.

Assessment

You will complete a portfolio to show the knowledge, understanding and skills that you have learnt. It may be in electronic or paper format.

Your assessor will provide guidance on how to prepare the portfolio of evidence and how to show practical achievement, and understanding of the knowledge required to successfully complete this qualification. It is an assessment booklet along with the portfolio of evidence that will serve as the prime source of evidence for this qualification.

Progression

Level 2 Certificate/Diploma in Women's Hairdressing

Level 2 Diploma in Beauty Therapy

Level 2 Diploma in Hair and Media Make-Up

Level 2 Diploma in Nail Services

Or any Level 2 programme across the college.

Career Options

Upon completion of a Level 1 Diploma in Hair and Beauty Skills, individuals can explore various entry-level positions within the hair and beauty industry. Some potential career options include:

Salon Assistant: Assisting senior stylists and beauticians with various tasks such as shampooing, conditioning, cleaning, and maintaining the salon's cleanliness.

Retail Sales Assistant: Working in beauty supply stores or department store beauty sections, providing assistance to customers, recommending products, and processing sales transactions.

Spa Attendant: Assisting clients in a spa environment, ensuring their comfort, providing towels and robes, and maintaining the cleanliness of spa facilities.

Trainee Beautician or Hair Stylist: Beginning a formal apprenticeship or on-the-job training program to further develop skills in either hair styling or beauty treatments.

Make-up Counter Assistant: Working at cosmetic counters in department stores, providing make-up demonstrations, assisting customers in selecting products, and offering beauty advice.

Freelance Assistant: Supporting independent hair stylists or beauticians with tasks such as setting up equipment, preparing materials, and assisting during appointments.

Junior Receptionist: Working at the front desk of a salon or spa, handling appointment bookings, managing client inquiries, and maintaining client records.

While these roles are typically entry-level positions, individuals with a Level 1 Diploma in Hair and Beauty Skills can use these opportunities to gain valuable experience and skills that can pave the way for advancement within the industry.

Additionally, further education and training, such as pursuing higher-level qualifications or specialised certifications, can open up more advanced career pathways in areas such as hairdressing, beauty therapy, salon management, or even entrepreneurship in the beauty industry.

Mandatory Units

September - October - All classes you attend will be linked to hair, Make-Up, beauty and nails for this unit.

November - June - You will choose a sector that you wish to follow and attend practical classes linking to the below units.

Hair & Make-Up Route:

Make-Up Application for

Face Painting

Shampoo and Condition Hair

Blow-dry Hair

Follow Health and Safety in a Salon

Beauty & Nails Route:

Make-Up Application

Skin Care

Hand and Nail Care

Nail Art

Contact Details

For further information please contact T: 0161 886 7070 or E: info@trafford.ac.uk

Disclaimer

Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.