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Introduction to Health & Social Care and Childcare

Location	Stretford Campus
Course Type	Adult
Department	Health & Social Care
Start Date	Tuesday 3rd November 2026
Duration	Part-time, 2 Weeks
Time	09:30:00 - 12:30:00
Fee	£ 99.00 You may be eligible for support with your tuition fees - please visit the college website - funding and finance page for further information
Course Code	TPQ-AYXZ-1100

Course Overview

This is a short course to introduce you to aspects opportunities in Early Years and Health and Social care.

Course Requirements

All prospective learners will undertake an informal interview and complete a skills scan & initial assessment.

What You Will Learn

Students will acquire expertise in the following subjects: Communication Skills, the principles of Safeguarding Children and Adults, Health and Safety, Equality and Diversity, as well as Research and Study Skills.

Assessment

The assessment for this course will be conducted through a combination of oral and written questioning.

Progression

Upon completion of the course Students can progress to a more advanced Health and Social or Early Years course within the college.

Career Options

A taster course in health and social care and childcare can provide you with valuable insights into these fields and help you explore your interests. While a taster course may not provide you with the same depth of knowledge and qualifications as a full-length program, it can still open doors to various career options. Here are some potential career paths you can consider after completing a taster course in health and social care and childcare:

Healthcare Assistant: You can work as a healthcare assistant in hospitals, clinics, or residential care facilities, providing support to patients and helping with their daily needs.

Social Care Worker: This role involves assisting individuals who need support due to disabilities, age, or other challenges. You might work in group homes, assisted living facilities, or offer in-home care services.

Childcare Assistant: After your taster course, you can explore opportunities in daycare centers, preschools, or as a nanny, where you would help care for and educate young children.

Nursery Worker: Nurseries often hire individuals to help care for young plants and assist with horticultural tasks. This is a potential avenue if you have a taster course in childcare and an interest in plants and gardening.

Support Worker: Support workers provide assistance to individuals with physical or mental health conditions, helping them lead more independent lives.

Teaching Assistant: If you have taken a taster course in childcare, you might consider working as a teaching assistant in schools, supporting teachers and helping students with their educational and personal needs.

Family Support Worker: Family support workers work with families facing challenges, such as addiction, domestic issues, or child welfare concerns, to help them access resources and support.

Community Outreach Worker: This role involves working with communities and individuals to connect them with essential services and resources related to health and social care.

Elderly Care Worker: If you have an interest in working with the elderly, you can explore roles in nursing homes, senior living facilities, or providing in-home care to older adults.

Mental Health Support Worker: This role involves assisting individuals with mental health issues and helping them access treatment and support services.

Health Education and Promotion: You can pursue a role in health education and promotion, helping communities and individuals make informed choices about their health.

Further Education: Use your taster course as a stepping stone to pursue further education in health

and social care or childcare. This could lead to careers in nursing, social work, early childhood education, or related fields.

If you find that you are passionate about one of these fields, you may consider enrolling in a more comprehensive and specialised educational program to gain the necessary qualifications and improve your career prospects.

Mandatory Units

To achieve this qualification, students will need to complete the mandatory units below:
Communication Skills
Introduction to keeping children and adults Safe
Health and safety
Equality and diversity
Research and Study Skills

Contact Details

For further information please contact T: 0161 886 7070 or E: info@trafford.ac.uk

Disclaimer

Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.