

## Introduction to Culinary Arts - A Tour of the Mediterranean

Location	Altrincham Campus
Course Type	Adult
Department	Hospitality & Catering
Start Date	Wednesday 25th September 2024
Duration	Full-time, 7 Weeks
Time	00:00 - 00:00
Fee	£ 37.00 You may be eligible for support with your tuition fees - please visit the college website - funding and finance page for further information
Course Code	APQ-HOXZ-1700

### Course Overview

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A Tour of Italy is a dynamic and immersive course designed to introduce students to the rich and diverse culinary traditions of the Italian region. This course emphasises the health benefits, cultural significance, and social aspects of Italian cuisine.

### Course Requirements

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You will need to be over 19 years of age to attend this course.

### What You Will Learn

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Through hands-on cooking sessions, students will learn to prepare a variety of traditional Italian dishes, while exploring the principles of the Italian diet and all its health benefits. Working with fresh produce to create healthy regional dishes.

### Assessment

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There is no formal assessment on this course. You will receive feedback, support, and guidance from your tutor. Your learning will be supported through practical activities, discussions, paired/individual and group tasks and worksheets.

## Progression

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Learners successfully completing this short course to a good standard may apply for a place on our other introductory courses.

Other courses available to support your learning:

- Free English and maths courses for those who have not yet attained a grade at C at GCSE (grade 4 equivalent)
- Free digital literacy courses for beginners in computing and tablets
- Free positive steps to wellbeing courses to support improved mental wellbeing, health and confidence
- A range of employability skills courses

## Career Options

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Completing this course can open several exciting career opportunities in the culinary field. Here are some potential career paths:

Professional chef  
Line chef  
Market trader  
Retail and commercial  
Hospitality team member  
Food Writer/Blogger  
Personal Chef  
Food Truck Owner

Each of these career options allows you to leverage your knowledge of Mediterranean cuisine and culinary arts, and many roles offer opportunities for creativity and entrepreneurship. Additional training, certifications, or experience may be required for some positions, so consider further education to advance in your chosen career path.

## Mandatory Units

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There are no mandatory units.

## Contact Details

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For further information please contact T: 0161 886 7070 or E: [info@trafford.ac.uk](mailto:info@trafford.ac.uk)

## Disclaimer

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Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.