

## Level 2 Certificate in Counselling Skills

Location	Offsite
Course Type	Adult
Department	Counselling
Start Date	Tuesday 1st August 2023
Duration	Part-time, 1 Year
Time	09:00 - 17:00
Fee	£ 362.00 You may be eligible for support with your tuition fees - please visit the college website - funding and finance page for further information
Course Code	XPQ-DL2C-1032

## Course Overview

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This self-learning course has been developed to fit around you and your lifestyle.

## Course Requirements

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Aged 19+

Lived in the UK for 3 years

PLEASE NOTE: YOU CAN ONLY ACCESS THE COURSE BY USING A LAPTOP, DESKTOP OR TABLET, AS BOTH THE INFORMATION BOOKLET AND QUESTIONS ARE ACCESSED ONLINE. MOBILE PHONES ARE NOT SUITABLE FOR THE PLATFORM.

## What You Will Learn

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This qualification is very in-depth. It requires you to complete 46 questions to meet all four units to achieve the qualification. You will be assigned a tutor who will be available to offer guidance and support through your learning journey.

## Assessment

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Unit 1 requires you to upload evidence to show that you have used core counselling skills to develop a helping relationship. For example, an occasion when you have supported a client, colleague etc.

Your first unit is expected to be submitted within the first 7 days

You need to aim to complete 8 questions per week to enable you to achieve within the timeframe.

If you wish to achieve this qualification earlier, you can submit all units ahead of the completion date.

Where you are asked to explain, describe or identify you need to submit detailed responses, not one-line answers, as these will not be accepted.

## Progression

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Progress to higher-level counselling courses, such as Level 3 or Level 4 Diplomas in Counselling.

Pursue a Bachelor's degree in psychology, counseling, or a related field.

# Career Options

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Completing a Level 2 Certificate in Counselling Skills can be a valuable foundation for a career in counselling or related fields. While it's important to note that the Level 2 Certificate may not qualify you for independent practice as a counsellor, it does provide a basis for further education and specialization. Here are some potential career options and pathways you could consider:

## Further Education:

Progress to higher-level counselling courses, such as Level 3 or Level 4 Diplomas in Counselling.

Pursue a Bachelor's degree in psychology, counselling, or a related field.

## Support Roles:

Seek employment in roles that involve providing support and assistance, such as support worker, mental health support worker, or care assistant.

## Helpline or Hotline Worker:

Work on helplines or hot lines that offer support and counselling services. Many organisations look for individuals with basic counselling skills.

## Community Services:

Explore roles within community services, social work, or non-profit organisations. These roles often involve supporting individuals and communities with various challenges.

## Health and Social Care:

Consider positions in healthcare settings, such as hospitals, clinics, or rehabilitation centres, where counselling skills can be beneficial in patient support.

## Education and Training:

Use your counselling skills in educational settings as a teaching assistant or support staff member, helping students cope with emotional challenges.

## Employee Assistance Programs (EAPs):

Work for organisations that provide Employee Assistance Programs, offering counselling services to employees dealing with personal or work-related issues.

## Volunteer Work:

Gain practical experience by volunteering with organisations that focus on mental health, crisis intervention, or community support.

## Life Coaching:

Consider pursuing additional training in life coaching to complement your counselling skills and work with clients on personal development goals.

## Specialise:

Identify specific areas of interest within counselling, such as addiction counselling, grief counselling, or trauma counselling, and pursue additional training in those areas.

Remember, continuing education and gaining practical experience through internships, volunteer work, or entry-level positions are crucial steps in building a successful counselling career. Additionally, staying informed about industry trends and networking with professionals in the field can open up more opportunities for career advancement.

## Mandatory Units

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All units require a very detailed and descriptive response.

1. Using Counselling Skills (14 questions)
2. Introduction to Counselling Skills Theories (5 questions)
3. Diversity & Ethics in the use of Counselling Skills (11 questions)
4. Counselling Skills & Personal Developments. (26 questions)

## Contact Details

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For further information please contact T: 0161 886 7070 or E: [info@trafford.ac.uk](mailto:info@trafford.ac.uk)

## Disclaimer

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Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.